

CELEBRITY

SCHOOL/REC DANCE TEAM

Age Divisions & Categories

DANCE

DIVISION	GRADE	# OF ATHLETES	CATEGORIES OFFERED
*Tiny	2nd & Under	4 or More Members	Open
Elementary	6th & Under	4 or More Members	Jazz, Hip Hop, Contemporary/Lyrical, Pom, Kick, Variety/Mix, Open
Junior High/ Middle School	9th & Under	4 or More Members	Jazz, Hip Hop, Contemporary/Lyrical, Pom, Kick, Variety/Mix, Open
**Freshmen	9th Only	4 or More Members	Jazz, Hip Hop, Contemporary/Lyrical, Pom, Kick, Variety/Mix, Open
Junior Varsity	11th & Under	4 or More Members	Jazz, Hip Hop, Contemporary/Lyrical, Pom, Kick, Variety/Mix, Open
Varsity	12th & Under	4 or More Members	Jazz, Hip Hop, Contemporary/Lyrical, Pom, Kick, Variety/Mix, Open
College	College	4 or More Members	Jazz, Hip Hop, Contemporary/Lyrical, Pom, Kick, Variety/Mix, Open

Celebrity Cheer & Championships reserves the right to combine, split and/or omit any division listed based on enrollment prior to event.

* Tiny teams will be split by category if there are at least two (2) teams registered in the same category.

** If there is only one (1) team registered in the Freshmen division, that team will be combined with the Junior Varsity Division for each category to the same event.

DANCE CATEGORIES

JAZZ

A jazz routine encompasses traditional or stylized hard-hitting, crisp and/or aggressive approach to movement & can include moments of softness while complementing musicality. Emphasis is placed on body alignment, extension, control, uniformity, communication & technical skills.

POM

A pom routine contains important characteristics such as strong pom technique (clean, precise, & sharp motions), synchronization, visual effects, & may incorporate pom elements (i.e. pom passes, jump sequences, leaps/turns, kick lines, etc.) Poms must be used 80% of the routine.

HIP HOP

A hip hop routine can incorporate any street style movement with an emphasis on execution, style, creativity, body isolations & control, rhythm, uniformity & musical interpretation.

CONTEMPORARY/LYRICAL

A contemporary or lyrical routine uses organic, pedestrian, and/or traditional modern or ballet vocabulary as it complements the lyrics &/or rhythmic value of the music. Emphasis is placed on control, sustained, expressive movement, body placement, contraction/release, use of breath, uniformity, communication & technical skills.

KICK

A kick routine emphasizes control, height uniformity, extension, toe points, timing & creativity or a variety of kick series & patterns. A kick is defined as one foot remaining on the floor while the other foot lifts with force. Kicks & kick series must comprise 80% of the routine.

VARIETY/MIX

A variety/mix routine must incorporate a blend of at least three or more of the following dance styles: jazz, pom, hip hop, contemporary/lyrical and/or kick. All styles will compete together in this category.

OPEN

Any style of dance. All routines will compete together in this category, regardless of specific style.